

Weekly Planning Grid

Morning

Print this page to plan/block out classes, work, and study schedules.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00 AM-7:00 AM							
7:00 AM-8:00 AM							
8:00 AM-9:00 AM							
9:00 AM-10:00 AM							
10:00 AM-11:00 AM							
11:00 AM-12:00 PM							
12:00 PM-1:00 PM							
1:00 PM-2:00 PM							
2:00 PM-3:00 PM							

Questions to Consider:

- Did you allow enough time to commute?
- Do you work? On campus or off?
- Did you give yourself enough time to eat?
- When will you study and work on projects?

Consider that for every one hour you are in class, you will likely have at least two hours of out-of-class work.

Be sure to also plan enough downtime for yourself to ensure plenty of time for sleep and to de-stress.

Weekly Planning Grid

Evening

Print this page to plan/block out classes, work, and study schedules.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
3:00 PM-4:00 PM							
4:00 PM-5:00 PM							
5:00 PM-6:00 PM							
6:00 PM-7:00 PM							
7:00 PM-8:00 PM							
8:00 PM-9:00 PM							
9:00 PM-10:00 PM							
10:00 PM-11:00 PM							
11:00 PM-12:00 AM							

Questions to Consider:

- Did you allow enough time to commute?
- Do you work? On campus or off?
- Did you give yourself enough time to eat?
- When will you study and work on projects?

Consider that for every one hour you are in class, you will likely have at least two hours of out-of-class work.

Be sure to also plan enough downtime for yourself to ensure plenty of time for sleep and to de-stress.